

Unlimited Potential

Gymnastics Unlimited, Inc. Newsletter

2nd Quarter: April—June 2012

Volume 22, Number 2

Happy Anniversary Gymnastics Unlimited!



Happy Birthday Gymnastics Unlimited!

April marks our 21st Anniversary of owning Gymnastics Unlimited and on April 1st we will have been holding classes in our current location for sixteen years!

Welcome baby Graycen!

Join us in welcoming Graycen Adler Lobato to the Gymnastics Unlimited Family! Born on February 8th 2012 and weighing in at 7lbs 14oz. Congratulations to new proud mom (coach Jamie) and dad (Jared)! She is a beautiful baby. We wish you many happy memories now and in the future.



2012 Summer Camps

Summer Adventure Camps Scheduled

Our Summer Adventure Camps will begin June 4th and will continue until school starts again in August. These camps are for ages 6 and up and run Mon.-Fri. from 7 AM to 6 PM. Camps include a weekly one hour gymnastics class. In addition campers will be involved in open workouts, clinics, games, crafts, movies, swimming, field trips and more! Because we do so many activities at our adventure camps, they are not only an excellent child care alternative but will keep your camper busy with fun, educational, and energetic activities throughout the summer. Every day is different—we guarantee a fun summer for your children!

Summer Class Schedule

Our regularly scheduled classes continue throughout the summer months. Gymnastics is a sport which requires strength and flexibility as well as consistent practice of new and old skills. We believe that it is VERY important to your continued gymnastics development to continue gymnastics training during the summer.

We have many options available to you. Don't take a whole month off because of a one or two week family vacation! During the summer session **ONLY** we will pro-rate UP TO FOUR WEEKS if you miss TWO OR MORE CLASSES. In order to pro-rate, you **MUST pay ON TIME** and you **MUST** let us know the dates you will miss at the **BEGINNING** of the session when you pay for that session. **ONLY Sessions 6, K, and L will be pro-rated.** We will **ONLY** prorate for **PLANNED** absences. **We WILL NOT PRO-RATE other than at the BEGINNING of the session!** Please remember that we will continue to offer make-ups for class and pre-school students during the summer.

In addition to classes, we hope that you will participate in some of our special summer activities, such as camps, back handspring clinics, and some great special events. Use this summer to increase your gymnastics development by taking advantage of some of these special activities.

Also please NOTE: If we have three students or less enrolled in a class for the summer months, we reserve the right to combine it with another class or we may discontinue the class for the summer and ask you to select another time. Four students is the minimum number which we need enrolled to keep a class open.



Summer Breaks Planned

This summer we will have two break weeks. Our Summer Break will be July 1-8. Aug. 13th-18th. Our year-end break will be August 12-19. Our 2012-2013 Class year begins August 20th.

Pre-Schoolers Moving to Downstairs Classes

If your pre-school student will turn 6 years old by October 8, 2011, they may move from pre-school classes to downstairs classes beginning June 13th. You may move to any Beginner class. You may also schedule testing during our testing times if you think your student might be ready to start downstairs in a Level 1 class. Many of our Pre-Schoolers are ready for Level 1 classes when they move downstairs.

& Activities Planned

Summer Gymnastics Training Camp Scheduled

Our annual Summer Gymnastics Camp for all Boys and Girls - Class Level Students from Beginner and up as well as Team members - will be held July 16-20. Camp is held daily from 9 AM to 4 PM. Gymnastics training is conducted for ALL levels and will include teachers from Gymnastics Unlimited's team staff, special guest coaches from other clubs as well as current and former collegiate competitors. This camp includes lots of in-depth gymnastics instruction, a Wednesday field trip to Water World, a camp picture and a camp T-Shirt.

Back Handspring Clinics Scheduled Monthly

Summer Back Handspring Clinics have been scheduled on Wednesdays this summer on June 20th, July 11th and August 1st. Clinics are from 2-3:30 PM. Cost is \$18 per clinic or you may attend all three for \$45.

**Summer Packets with
ALL
Camp Info
will be available and
handed out in classes
beginning April 9th**

**...or pick up your info
at the
front desk!**

Get in Shape for Summer

Get ready for putting away the sweaters and putting on the shorts! Parents watching classes can utilize their time to improve their own fitness! We have fitness machines including a treadmill, elliptical, stair climber, abs slider rowing machine and stationary cycle. These machines are in the fitness room which has a one way glass to view classes. One time use or packages of 5, 10, 15, or 20 visits may be purchased.

Schedule Your Summer Field Trips

During the summer we have many field trips at GU! Day cares, camps, schools and youth groups come to GU on field trips and our schedule fills up fast!

This year we will offer field trips on Monday and Thursdays from 12:45-2 PM. Cost will be \$4 per participant.

Please call and get your group on the schedule for this year! We are an **excellent choice** for field trips - lots of fun and activity, safe environment, and a great price!

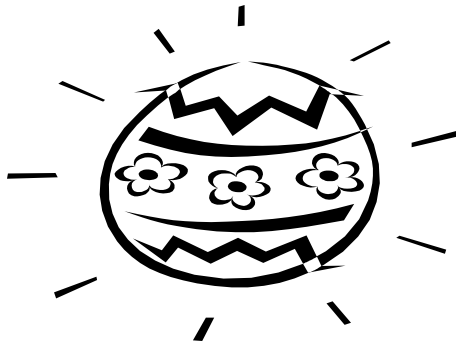


**Reserve the Date!
Saturday, August 11th
"London Games"**

Mini-Olympics 3:30-5:30 PM

You can always find additional information about what is going on at Gymnastics Unlimited by visiting our web site - www.gucolorado.com

Upcoming Events at



Annual Easter Egg Hunt Planned for April 7th

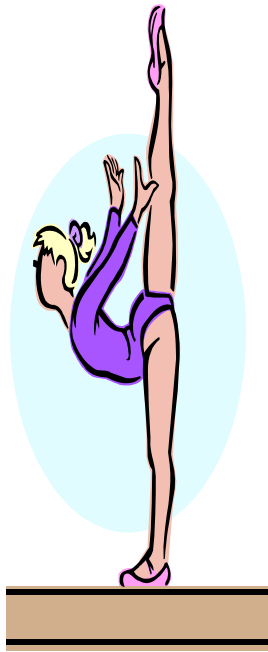
Our annual Easter Egg Hunt is always great fun for both the children participating as well as the adults attending the event. So... bring your Easter basket and come find some special eggs that the Easter Bunny left at GU! This year's Egg Hunt will be Saturday, April 7th from 2:30-4:00 PM.

The Easter Egg Hunt is for gymnasts, sisters, brothers, and friends from preschool age through eight years old. Children will be divided by age groups and hunt for eggs in the Pre-School room. There will be time for children to play on equipment in the "big gym" - and parents can come into the gym to watch them!. The Easter Bunny makes his Annual visit to Gymnastics Unlimited during our hunt.

There is no charge for the Easter Egg Hunt, but **we gladly accept donations of eggs and candy!** Donations should be dropped off at the gym by Monday April 2nd. Additional information will be handed out in classes.

Bring a friend to open gym! May 19th 10:00-12:00

On Saturday, May 19th come to Open Gym and bring your friends along! They can try out all the fun gymnastics events at Gymnastics Unlimited. Open Gyms are from 10 am—12 noon on Saturdays. The cost for Open Gym is \$4. On this day, your friends can join you for **FREE**. Sorry, but friends **MUST** be at least 6 years old to participate in Open Gym (members, too!). We will have a cool prize drawing for our members and a drawing for non-members. You can enter one time for each friend that joins you at Open Gym on May 19th! Also, if your friend signs up for class this day, they will receive \$20 off there first full session (new students only).



“Saturday Night Life” All Gym Night Out Scheduled for April 21st and June 9th

We will have an All-Gym Night Out on Sat. April 21st (pirate theme) and Sat. June 9th (fiesta theme) for all students pre-school (ages 3 and up) thru instructional level classes as well as team level.

Nights Out are from 6-9 PM. They include a games, snack, movie and gymnastics. Nights Out are always “Lots of Fun!”

Cost is \$18 for members and \$20 for non-members. You **MUST** sign up and pay at the front desk in advance. Space is limited. - You **MUST** pre-register!

Gymnastics Unlimited

Spring Show is Saturday, April 28th

Beginning in April, preschool gymnasts will start preparing for our annual Spring Show. This show, especially for Pre-Schoolers, will start at 3:00 PM and children will be showing off their skills for the entire length of the show. Parents will need to fill out an entry form for their child to participate. There is an entry fee of \$15. Spectators are admitted free. Pre-Schoolers will perform their skills by going through a giant obstacle course with different preschool gymnastics skills demonstrated at each station. All participating students will receive a special surprise!

School is Out, Gym is In Days at G.U. Scheduled Friday, May 4th & Friday, May 11th

Days at G.U. run from 8 A.M. to 4 P.M. although arrangements may be made for drop off as early as 7 AM and late pick-up. Activities vary depending on the desires of the participants for the day. Gymnasts must be in Beginner classes or higher.

Participants must bring a sack lunch and snack items. Cost for the day is \$25 for members and \$30 for non-members.



SPECIAL EVENT SIGN UP POLICY!

Many of our Special Events can only take a limited number of participants. In order to make it fair to all and accommodate as many as possible we have sign up policies.

PAYMENT IS REQUIRED WHEN SIGNING UP FOR A SPECIAL EVENT. If an event (such as camps) requires a card or form filled out—you **must** bring that in to the office and you cannot register over the phone. If the event is simply one where you sign up in our special events book to participate, you may sign up at the front desk **or call** our office to sign up. Payment is required when you sign up for the event. **If you are calling to sign up for an event, you need to have a credit card ready for us to process in order to pay for your reservation.**

Once you have signed up for the special event, we expect you to attend and plan our staff accordingly. **Some activities, such as camps have NON REFUNDABLE deposits.** Others (such as Days at GU and Nights Out) can be cancelled. **HOWEVER you will receive a credit to your account or a rain check ONLY if you call and cancel at least 24 hours prior to the event.** Exceptions may be made for illness or family emergencies. “No-Shows” will NOT receive credit.

Open Gym Punch Cards Available

If you need extra practice on all the new gymnastics skills you are trying to learn, come and participate in our Saturday Open Work-outs from 10 AM to 12 noon. Our Open Gyms are \$4 payable at the door. You may purchase an Open Gym punch card for \$20 This way you pay for five Open Gyms and receive the 6th one free. This 6th time free is **ONLY** good for punch card holders. Sorry we cannot be responsible for lost punch cards. Punch cards may be purchased at the front desk. We will not have Open Gym on April 28th because of our Spring Show.

Join GU on facebook and receive the most up to date news and events from preschool to team level announcements.

Gymnastics Unlimited's Team News

2012 Eagles Schedule

March 17	HOME MEET
April 14-15	@ Apex (Littleton)
April 21-22	@ Sundance (Monument)
April 28	@ 5280 Gymnastics (Wheat Ridge)
May 19-20	@ Encore Gymnastics (Littleton)
June 2-3	@ Peak Athletics (Highlands Ranch)
June 24-26	EAGLES STATE CHAMPIONSHIPS @ Adrenaline Gymnastics (Littleton)

Team Photos Scheduled

Eagles, Boys and Optional Team Photos will be taken April 9-11. Additional information will be handed out in practices. There will be an opportunity to sign up for individual pictures at the same time.



What's New in the Gym?

We recently got some new equipment in the gym! The most recent piece of equipment is our Vault Trainer. It has all the qualities of the vaulting table but in a less threatening manner. It is great to train front handsprings on vault. We also have 2 brand new sting mats (not to be released until May). These mats are great for taking the "sting" out of some of those hard landings. For our little tumblers in the preschool room we have a new barrel mat! The last piece of equipment newly purchased is our Level 4 vaulting system. Our team kids love it!

Teams in Post Season Competition

Boys and Optional Girls Teams finished their State Meets at the end of March. The Optional Girls Level 7 team concluded their season at the state meet held March 31st-April 2nd at Gymnastics Unlimited.

Level 8 Girls gymnasts qualified for Regionals by placement at the State Meet. Level 8 Regionals will be held April 20-22 in Kansas City, MO.

Level 9 and 10 girls qualified for Regionals by scoring a 34.0 at State. At the Level 9 & 10 Regionals, held in Bartlesville, OK, on April 12-15, competitors will be trying to qualify by placements for National Competition. Level 9 will be held in Boise, ID on May 3-6 and Level 10 will be held in Maryland, May 10-14.

Our Boys Team qualified for Regionals by scoring a qualifying score at State. The required qualifying score varied depending on the Level they competed. Boys Regional is to be held at the Air Force Academy in Colorado Springs on April 14th-15th.

GOOD LUCK GYMNASTS!



Save the Date!

JULY 16-20
GYMNASTICS UNLIMITED
SUMMER TRAINING CAMP

Summer Practices Scheduled

All Teams will switch to their Summer Practice Schedule beginning June 4th. Scheduled Practice times for Summer will be handed out to team members along with their summer packet information.

Optional Girls Team move their practice to morning times. Our Girls Compulsory Teams change their practice times so that they will not have practice on Saturdays, allowing families to do more weekend activities during the summer months.





MAY 2012 SCHEDULE

5/3-5/6	Level 9 Westerns (Boise, ID)
Fri. 5/4	Day @ GU - 8am-4pm
Sat. 5/5	Open Gym 10 AM—12 noon
5/7-12	SESSION J TUITION DUE (Team)
5/10-5/13	Level 10 Nationals (Maryland)
Fri. 5/11	Day @ GU - 8am-4pm
Sat. 5/12	Open Gym 10 AM—12 noon
Sun. 5/13	<u>Happy Mother's Day!</u>
Mon. 5/14	SESSION J BEGINS (Team)
5/19-5/20	Eagles @ Encore (Littleton)
Sat. 5/19	BRING A FRIEND TO OPEN GYM 10 AM—12 noon
Mon. 5/28	<u>HAPPY MEMORIAL DAY!</u> NO CLASSES Saturday May 26 Or Monday May 28



APRIL 2012 SCHEDULE

Mon. 4/2	CLASSES RESUME AFTER SPRING BREAK
	HAPPY BIRTHDAY—GYMNASTICS UNLIMITED
Sat. 4/7	Open Gym 10AM-12 noon
Sat. 4/7	EASTER EGG HUNT
Sun. 4/8	<u>HAPPY EASTER!</u>
4/9-14	SESSION #5 & I TUITION DUE (ALL Classes/Team)
4/9-11	Eagles, Boys and Optional Team Photos Individual Pictures may be scheduled
4/13-15	Level 9 & 10 Regionals—(Bartlesville, OK)
4/14-15	Boys Regionals (Air Force Academy, Co. Springs)
Sat. 4/14	Open Gym 10 AM-12 noon
4/14-15	Eagles @ Apex (Littleton)
Mon. 4/16	SESSION #5 & I BEGINS (ALL Classes/Team)
4/20-22	Level 8 Regionals (Kansas City, MO)
Sat. 4/21	Saturday Night Life—Night @ GU 6pm-9pm
Sat. 4/21	Open Gym 10AM-12 noon
4/21-22	Eagles @ Sundance (Monument)
Sat. 4/28	Eagles @ 5280 (Wheat Ridge)
Sat. 4/28	SPRING SHOW (No Open Gym)

JUNE 2012 SCHEDULE

Sat. 6/2	Open Gym 10 AM—12 noon
6/2-6/3	Eagles @ Peak (Highlands Ranch)
Mon. 6/4	Team Summer Schedule Begins
6/4-9	SESSION #6 & K TUITION DUE (ALL Classes/Team)
6/4-6/8	Summer Adventure Camp Week 1
Sat. 6/9	Open Gym 10 AM—12 noon
Sat. 6/9	Saturday Night Life-Night @ GU 6pm-9pm
6/11-15	Summer Adventure Camp Week 2
Mon. 6/11	SESSION 6 & K BEGIN
Sat. 6/16	Open Gym 10 AM—12 noon
6/15-17	Eagles State Championships @ Adrenaline
Sun. 6/17	<u>Happy Fathers Day!</u>
6/18-22	Summer Adventure Camp Week 3
Wed. 6/20	Back Handspring Clinic 2-3:30 PM
Sat. 6/23	Open Gym 10 AM—12
6/25-6/29	Summer Adventure Camp Week 4
Sat. 6/30	Open Gym 10 AM—12
JULY	
7/1-8	NO CLASSES—CLOSED FOR 1ST SUMMER BREAK
Mon. 7/4	<u>HAPPY INDEPENDENCE DAY</u>

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**We will be CLOSED
for Memorial Day
Saturday, May 26
and Monday, May
28th
and July 1st-8th for
Summer Break**

Memorial Day Make-ups may be done prior to Memorial Day. They should be **COMPLETED** in Session #5 which runs from April 16th through June 9th. Summer Break is not included in tuition (that session has 8 weeks of classes and 9 calendar weeks).



Policy Review:

As the weather becomes nicer, students naturally want to rush outside following their classes. For the safety of our students, **NO STUDENT** can wait outside the gym before or after classes. (We are not able to watch over students who are outside the building.) **PARENTS, please DO NOT ask your children to "wait outside" for you after class. They may wait for you directly inside the lobby doors and can proceed outside when you pull up to the door through the drop off lane.**

Also, speaking of the drive-up lanes. The Drive up lane is **ONE WAY - proceeding from East to West.** Also, although you may drop off and pick up children in front of the building, parking is **STRICTLY PROHIBITED!**

Unlimited Potential

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Information
about
Summer Camps
and Activities
Inside!